



Welcome to the MI Path: Transition Worksheet!

You have a plan, called an Individualized Education Program (IEP), created by your support team at school. This team is called an IEP Team. You and your parents or caregivers are part of the IEP Team.

By the time you turn 16, the school must ask you to come to your IEP meeting. At the meeting, talk about what you want to do after high school for a job, for more learning, and where you want to live. It is important you are at this meeting, because the plan is about YOU.

Look at the questions below with your parents or caregivers. Answer the questions as best as you can. You can take this worksheet to your IEP meeting and talk about what you want to do after high school.

This worksheet will be presented from your perspective as the student (because this is all about YOU).

Part 1: Self-Advocacy

My name		
Age		
Grade		
I have a driver's license or a state identification (ID) card:	YES	NO
I know what I want to do after high school.	YES	NO
I learn best with:	 Hands-on (doing things)  Hearing information	 Seeing information  Other
I attend my IEP meetings:	YES	NO
I know why I have an IEP	YES	NO
I can explain my disability or medical condition.	YES	NO

I share my ideas at my IEP.	YES or NO	
I understand my IEP goals.	YES or NO	
I can set goals for myself	YES or NO	
My unique goal:	Someday, I want to...	
I know what my accommodations are at school.	YES or NO	
I know what I need to complete a task, and I can request my accommodations	YES or NO	
Something that I am good at is...	 Staying organized  Computer/Gaming	 Self-Care/Hygiene  Other:
Something I really like to do is...	 Make art  Listen to music	 Exercise  Other:
One thing that I am interested in is...	 Pets/Animals  Movies/Concerts	 Nature/Outdoors  Other
One of my skills that I could use in my work is...	 Talking/Being Friendly  Basic Math	 Cooking  Other:
I can ask questions when I don't understand something.	YES or NO	
Here's something I need help with:		

Part 2: Education

I know where my educational and medical documents are:	YES	NO
My favorite classes at school are:	 Art  Business  English Language Arts  World Languages  Health  Cooking/Nutrition  Math	 Music  Science  Physical Education (Gym)  Social Studies  Speech/Communication  Career Technical Education (CTE): <i>such as childcare, welding, nursing, engineering, computer programming, agriculture</i>
I am planning to earn a high school diploma.	YES or NO	
I am interested in programs offered by my Intermediate School District.	YES or NO  Transition Program for 18-26 year olds  Career and Technical Education	Early Middle College Other 
When I finish school, I am interested in attending a College or University:	YES or NO 	If yes, which one?

When I finish school, I am interested in vocational training:	YES or NO If yes, what type of training?  HVAC  Electrician  Mechanic  Carpentry  Graphic Design  Nursing Assistant  Other
When I finish school, I am interested in other choices:	YES or NO  Military  Apprenticeship  On-the-job training  Humanitarian Program (Peace Corps, AmeriCorps, etc.)  Other
I may need help understanding my choices for continuing education and training:	YES or NO  Entrance Exams  Visiting Colleges  Finding the right program  Financial Aid  Other

Part 3: Career or Job

We usually can get a job with or without further training. A career usually requires more training, college, or other education.

I know what I want to do for a job or career someday:	YES	NO
I already have some job or volunteer experience:	YES	NO
If you already have work or volunteer experience, what did you do?		
I want to get this type of job after high school:	 Food Service  Landscaping  Computer/Office	 Childcare/Camp  Retail/Sales  Other:
I want to have this type of career someday:	 Hospitality  Agriculture or Forestry  Construction  Business	 Health Care  Science and Technology  Manufacturing  Other
To reach my job goals, I may need some help with:	 Getting a career counselor  Resume and practice Interviews  Teamwork	 Social Skills  Transportation  Other
I want help finding a job while I am in high school to get some work experience.	YES	NO

Part 4: Independent Living

I understand my rights when I turn 18.	YES	NO
I have Social Security and Medicaid.	YES	NO
I have a case manager at Community Mental Health.	YES	NO
I have a vocational rehabilitation counselor.	YES	NO
I have talked about assistive technology with my IEP team.	YES	NO
My first choice for housing after finishing school:	 Apartment or Condo or Dorm  House	 With Family or Friends  Other
My second choice for housing after finishing school:	 Apartment or Condo or Dorm  House	 With Family or Friends  Other
My third choice for housing after finishing school:	 Apartment or Condo or Dorm  House	 With Family or Friends  Other
I can do chores on my own:	 Laundry  Cooking  Bathroom  Getting Dressed  Vacuuming	 Housecleaning  Scheduling Appointments  Managing medications  Personal Safety  Other
Additional supports I will need to live in my community:	 Transportation  Housekeeping	 Home Health Care  Other

Part 5: Community Participation

Please share with your IEP Team your current activities and interests by answering the questions below about you:

I know who I can trust when I need help.	YES	NO
I can speak up politely when I disagree.	YES	NO
I am comfortable with my personal story and setting limits about what I share.	YES	NO
I can talk to my doctor about my healthcare.	YES	NO
Sports or clubs that I'm involved with <u>right now</u> at school:	 Sport  Club  Dance  Theater	 4-H or Farm-related  Scouting  Volunteering  Other
Sports or clubs that I want to be involved with <u>after finishing school</u> :	 Sport  Club  Dance  Theater	 4-H or Farm-related  Scouting  Volunteering  Other
Activities I want to do <u>as an adult</u> in my community:	 Shopping  Library  Worship/Fellowship  Banking	 Movies  Healthcare  Dining Out  Parks/Museums

Transportation I want to use in my community:	 Taxi/Uber/Lyft  Rides from friends/family  Bus/Train	 Drive myself  Bike  Walk
My hobbies and favorite activities right now are:		
To plan for my future, I want to learn more about:		

Part 6: Share Your Plan

Now that you have completed this form, **share this plan with your family and teachers.**

Your transition plan will be created during your IEP meeting.

When you attend your IEP meeting, **share your goals** and discuss what you need to reach your goals.