



Session 3: Jobs, Careers, Finding Work, Applications, Tools, Resources

Resources

Jobs and Careers

- **Career One Stop:** [Get My Future](#): explore careers and jobs
- **Disability Employment Policy:** [Youth Transition and Preparing for Work](#)
- **Intercoast (technical school in California):** [Career Planning-10 Types of Jobs for People with Disabilities](#)
- **Michigan Career Technical Education (CTE) [Career Clusters](#):** established 17 career clusters in Michigan and offered through local school districts and Intermediate School Districts and Educational Services Agencies (ESAs).
- **Transition Abilities:** [How to Teach Career Exploration through Career Clusters](#)
- **Virginia Commonwealth University (VCU):** [Exploring Careers](#)
- **Vocational Rehabilitation**
 - [Michigan Rehabilitation Services \(MRS\)](#) and the [Bureau of Services for Blind Persons \(BSBP\)](#): serves ages 14 and up: provide work-based learning experiences, employment readiness training, self-advocacy training, and more. This is a no cost provider that is based throughout Michigan. Eligibility is based on individuals having an Individualized Education Program (IEP), 504 Plan, or medical diagnosis. Each MRS office requires an intake process and facilitates person centered planning.

Finding a Job

- [Explore Work](#) (WINTAC): offers online, self-paced learning and includes “Find My Talents”, “Your First Work Experiences”, “Training and Education Options”, “Get Skills for Work”, “Improving My Self-Advocacy Skills”
- [Careers with Disabilities](#): Disability-friendly jobs, employers who hire people with disabilities, resources for job seekers
- Hire Autism: A Parent’s [Guide to Resumes and Cover Letters](#)
- Pure Michigan Talent Connect: [Finding a Job When You have a Disability](#)
- Michigan Health and Human Services: [Supported Employment](#)
- US Department of Labor: [My Next Move](#): search careers with key words, industries, discover interests, Career Clusters, Apprenticeship information, job preparation, and more.

Other Useful Resources

- [Autism Speaks: 13 Autism-Friendly Jobs that Work with Autistic Strengths, Not against Them](#) (note this overlaps other disabilities and is a good source for different types of intellectual and developmental disabilities)
- Autism Speaks: [Employment Models](#)
- [Career OneStop](#): explore career/job options, finding training, help with job search planning, and local help and services
- Charting the Life Course: [District of Columbia on Disability Services, DC Learners & Earners](#)
- Michigan Alliance for Families, [Employment](#)
- Princeton: [Princeton Review Career Quiz](#) for Personal Interests and Style. Free Online
- [Project 10 Transition Education Network](#)
- [Virginia Commonwealth University \(VCU\), Career Planning Toolkit](#)

Videos Shared in Session 3:

- Transition Abilities: [Career Clusters](#)
- Disability Hub Minnesota: [Youth in Transition: Employment](#)

Videos

- [Transition Abilities](#): numerous employment-related videos, for example: jobs, careers, creating a resume, filling out applications, etc. Additional videos on life, home, and community skills.
 - [Applications](#)
 - [Work Accommodations](#)
 - [Parts of a Resume and How to Write One](#)
- [Adulting on the Spectrum Life Skills Videos](#): How to Schedule an Appointment, How to Create a Grocery List; How to Fill Out an Application, Creating a Monthly Budget, Value of a Bank Account, How to Respond when the Doorbell Rings, How to Create Strong Passwords, How to