



Preparing for Work-Home Activities Checklist

Session 1: Communication and Soft Skills

Name:

Date:

Use the checklist below to work through the assigned home activities for Session 1.
We will discuss the home activities from Session 1 when we meet for Session 2.

Done	Activity
☐	<u>Activity 1</u> Complete Activity 1: Accepting Feedback at Work Worksheet. Pick the longer or shorter worksheet which works best for you.
☐	<u>Activity 2</u> Complete Activity 2: Small Talk Conversations Activity
☐	Review the Week 1 resources provided