

Session 1: Communication and Soft Skills

Resources

Social Communication/Communication

- [ASERT-Social Skills Resources for Individuals with Autism](#) (these free resources provide strategies which can be effective for many with intellectual and developmental disabilities and autism)
- [Do2Learn](#): free resources for working on social communication skills for individuals with disabilities.
 - [JobTIPS](#): online program to help young adults find and keep jobs including graphic organizers, role-playing, video tutorials, and visual prompts.
- Unboxed Training and Technology: [Job Skills Training for Persons with Disabilities](#) (discusses soft skills)
- US Department of Labor Office of Disability Employment Policy (ODEP): [The Partnership on Employment & Accessible Technology \(PEAT\)](#)
- [Vanderbilt Kennedy Center](#): Communication resources: download and print resources produced by VKC TRIAD. You are required to set up a free account. This resource offers free videos, infographics, and tip sheets with strategies and promoting communication.
- Virginia Commonwealth University (VCU): [Communication and Autism](#) (may be effective for persons with intellectual and developmental disabilities (IDD). Requires free account set up.

Soft Skills

- [Everyday Speech](#)-free lessons on social conversations and self-advocacy, video modeling lessons
- Job Accommodation Network: [Workplace Accommodation Toolkit](#); [Social Skills](#); [Information Processing](#)
- US Department of Labor (ODEP): [Skills to Pay the Bills Curriculum](#), Videos, Discussion Guides (free to download)
- Vanderbilt Kennedy Center: [Soft Skills for Employment](#) (Free resources-you are required to set up a free account)

Self-Determination

- The ARC Michigan: Partners in Advancing [Self-Determination](#)
- [Charting the Life Course](#)
- [I'm Determined Website](#)
- Michigan Alliance for Families, [Self-Determination](#)
- Michigan Department of Health and Human Services (MDHHS), Developmental Disability Council (DDC), [Supported Decision Making](#)

Videos

- CA Perkins JSPAC-Soft Skills [Video](#)
- Clarity is Kindness-[Video](#)
- PBS Learning Media, Career Gates: [Soft Skills-Video](#)
- Southwest Minnesota Private Industry Council: [Skills to Pay the Bills, US Department of Labor](#) (All Videos)
- Study.com: Video-[Soft Skills Definition, Examples, and Importance](#)

Videos Shared in Session 1:

- Southwest Minnesota Private Industry Council: [Skills to Pay the Bills, US Department of Labor](#)
 - [Communication](#)
 - [Teamwork](#)
 - [Synopsis](#)
- Hard Skills vs. Soft Skills-[Video](#)