

My Child's Strengths and Needs Worksheet – IEP

Use this worksheet to record your thoughts about your child.

What works for my child: Three things my child has recently learned or a new activity they enjoy:

Three activities that my child is currently working on:

Three things my child is having trouble with:

Three things I would like my child to learn within the next year:

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This worksheet covers the main areas of development that the IEP focuses on. It is also meant to help parents and caregivers collaborate with their child's team by preparing for meetings. Parents know their children best.

Skill Area	Strength(s)	Needs or Concerns	What I Hope For in 1 Year (Goals)
<p>Academic</p> <p>Involvement and progress in the general education curriculum, or participation in age-appropriate activities for preschool</p>			
<p>Communication/Speech & Language</p> <p>Speech sounds, expressive and receptive language, social (pragmatic) communication, voice, fluency</p>			
<p>Social-Emotional/Behavioral</p> <p>Functions and triggers of behavior, mental health diagnoses, executive functioning, sensory processing</p>			
<p>Perception/Motor/Mobility</p> <p>Gross and fine motor coordination, visual motor, balance, and limb/body mobility</p>			

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Skill Area	Strength(s)	Needs or Concerns	What I Hope For in 1 Year (Goals)
<p>Functional Performance</p> <p>Skills not considered academic, such as dressing, eating, personal care, ability to follow routines, independent living skills</p>			
<p>Medical/Health</p> <p>Health, vision, hearing, allergies, or other physical/medical issues</p>			
<p>Secondary Transition</p> <p>Postsecondary education and/or training, employment, and independent living skills</p>			

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Use this worksheet to record your thoughts about your child.

What works for my child:

Activities my child likes best:

My child learns best when:

How my child's challenging behavior is best redirected:

Three things that motivate my child:

