

Welcome to the **MI Path: Transition Worksheet!**

You have a plan, called an Individualized Education Program (IEP), created by your support team at school. This team is called an IEP Team. You and your parents or caregivers are part of the IEP Team.

By the time you turn 16, the school must ask you to come to your IEP meeting. At the meeting you talk about what you want to do after high school for a job, for more learning, and where you want to live. It is important you are at this meeting, because the plan is about YOU.

Look at the questions below with your parents or caregivers. Answer the questions as best as you can. You can take this worksheet to your IEP meeting and talk about what you want to do after high school.

This worksheet will be presented from your perspective as the student (because this is all about YOU).

Part 1: Self-Advocacy

My name		
Age	☐ 15 or younger ☐ 16 or 17 ☐ 18 or older	
Grade	☐ 6 th grade ☐ 7 th grade ☐ 8 th grade ☐ 9 th grade	☐ 10 th grade ☐ 11 th grade ☐ 12 th grade ☐ After 12 th grade
I have a driver's license or a state identification (ID) card.	YES or NO	
I know what I want to do after high school.	YES or NO	

I learn best with:	 Hands-on (doing it)  Hearing information	 Seeing information  Other
I attend my IEP meetings.	YES or NO	
I know why I have an IEP.	YES or NO	
I can explain my disability or medical condition.	YES or NO	
I share my ideas at my IEP.	YES or NO	
I understand my IEP goals.	YES or NO	
I can set goals for myself.	YES or NO	
My unique goal:	Someday, I want to...	
I know what my accommodations are at school.	YES or NO	
I know what I need to complete a task, and I can request my accommodations.	YES or NO	
Something that I am good at is...	 Staying organized  Computer/Gaming	 Self-Care/Hygiene  Other:
Something I really like to do is...	 Make art  Listen to music	 Exercise  Other:
One thing that I am interested in is...	 Pets/Animals  Movies/Concerts	 Nature/Outdoors  Other

One of my skills that I could use in my work is...	 Talking/Being Friendly  Basic Math	 Cooking  Other
I can ask questions when I don't understand something.	YES or NO	
Here's something I need help with:		

Part 2: Education

I know where my educational and medical documents are.	YES or NO	
My favorite classes at school are:	 Art  Business  English Language Arts  World Languages  Health  Cooking/Nutrition  Math	 Music  Science  Physical Education (Gym)  Social Studies  Speech/Communication  Career Technical Education (CTE): <i>such as childcare, welding, nursing, engineering, computer programming, agriculture</i>
I am planning to earn a high school diploma.	YES or NO	

I am interested in programs offered by my Intermediate School District:	YES or NO  Transition Program for 18-26 year olds  Career and Technical Education  Early Middle College  Other
When I finish school, I am interested in attending a College or University:	YES or NO  If yes, which one?
When I finish school, I am interested in vocational training:	YES or NO  If yes, what type of training?  HVAC  Electrician  Mechanic  Nursing Assistant  Graphic Design  Carpentry  Other

When I finish school, I am interested in other choices:	YES or NO  Military  Apprenticeship  On-the-job training  Humanitarian Program (Peace Corps, AmeriCorps, etc.)  Other
I may need help understanding my choices for continuing education and training:	YES or NO  Entrance Exams  Visiting Colleges  Finding the right program  Financial Aid  Other

Part 3: Career or Job

We usually can get a job with or without further training. A career usually requires more training, college, or other education.

I know what I want to do for a job or career someday.	YES or NO
I already have some job or volunteer experience.	YES or NO
If you already have work or volunteer experience, what did you do?	

I want to get this type of job after high school:	 Food Service  Landscaping  Computer/Office	 Childcare/Camp  Retail/Sales  Other:
I want to have this type of career someday:	 Hospitality  Agriculture or Forestry  Construction  Business	 Health Care  Science and Technology  Manufacturing  Other
To reach my job goals, I may need some help with:	 Getting a career counselor  Resume and practice Interviews  Teamwork	 Social Skills  Transportation  Other
I want help finding a job while I am in high school to get some work experience.	YES or NO	

Part 4: Independent Living

I understand my rights when I turn 18.	YES or NO
I have Social Security and Medicaid.	YES or NO
I have a case manager at a community mental health agency.	YES or NO
I have a vocational rehabilitation counselor.	YES or NO
I have talked about assistive technology with my IEP team.	YES or NO

My first choice for housing after finishing school:	 Apartment or Condo or Dorm	 With Family or Friends
	 House	 Other
My second choice for housing after finishing school:	 Apartment or Condo or Dorm	 With Family or Friends
	 House	 Other
My third choice for housing after finishing school:	 Apartment or Condo or Dorm	 With Family or Friends
	 House	 Other
I can do chores on my own:	 Laundry	 Housecleaning
	 Cooking	 Scheduling Appointments
	 Bathroom	 Managing medications
	 Getting Dressed	 Personal Safety
	 Vacuuming	 Other
Additional supports I will need to live in my community:	 Transportation	 Home Health Care
	 Housekeeping	 Other

Part 5: Community Participation

Please share with your IEP Team your current activities and interests by answering the questions below about you:

I know who I can trust when I need help.	YES or NO
I can speak up politely when I disagree.	YES or NO
I am comfortable with my personal story and setting limits about what I share.	YES or NO

I can talk to my doctor about my healthcare.	YES or NO	
Sports or clubs that I'm involved with <u>right now</u> at school:	 Sport  Club  Dance  Theater	 4-H or Farm-related  Scouting  Volunteering  Other
Sports or clubs that I want to be involved with <u>after finishing school</u> :	 Sport  Club  Dance  Theater	 4-H or Farm-related  Scouting  Volunteering  Other
Activities I want to do <u>as an adult</u> in my community:	 Shopping  Library  Worship/Fellowship  Banking	 Movies  Healthcare  Dining Out  Parks/Museums
Transportation I want to use in my community:	 Taxi/Uber/Lyft  Rides from friends/family  Bus/Train	 Drive myself  Bike  Walk
My hobbies and favorite activities right now are:		
To plan for my future, I want to learn more about:		

Part 6: Share Your Plan

Now that I have completed this form, I can share this plan with my family and teachers. My transition plan will be created at my IEP meeting. I will attend my IEP Team meeting to share my goals and discuss what I need to reach my goals.

*Email myself a copy of the plan I created:	My email: _____
*Send this plan to my family:	My family's email: _____
*Send this plan to my teacher:	My teacher's email: _____