

YOUTH SUMMIT HANDOUT

Additional resources to read:

- **Center for Parent Information & Resources (CPIR): Best Practices in Self-Advocacy Skill Building** (resources for parents and people with disabilities)
- **Michigan Alliance for Families:**
 - **Self-Advocacy**
 - **Self-Determination**
- **Pacer's National Parent Center on Transition and Employment** (this site is not only for parents....it's all about the individual and has many videos and content for the person with the disability)
 - **Self-Advocacy Terms and Descriptions**
 - **Your IEP: A Great Place to Practice Self-Advocacy Skills**
- **Self-Advocates of Michigan (SAM)**
- **Self-Advocacy Online**-stories, information, and resources for self-advocates
- **Self-Advocacy Resource and Technical Assistance Center (SARTAC)**

Resources to Watch or Listen to:

- **Pacer's National Parent Center on Transition and Employment**
 - **Videos listed on different topics related to young adults with disabilities**
 - **Video: Youth in Transition-Self Advocacy** (Approximately 4 minutes)
- **Self-Determination Channel** (YouTube)-many videos on self-advocacy topics, made by self-advocates. Examples:
 - **Ashley-These 5 Qualities Help Me Be A Successful Self-Advocate and Employee** (Approximately 1 minute)
 - **Low-Cost Tech Job Accommodation with a Big Impact** (Approximately 2.5 minutes)
- **SD Regional Center Videos** (YouTube)-multiple videos-example below
 - **Meet Aminatta: A Passionate Self-Advocate** (Approximately 3 minutes)
- **Think Change Podcasts and Videos on Self-Advocacy**