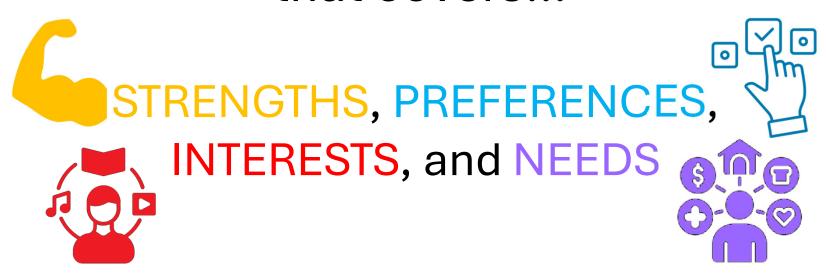


### What is a SPIN?

The SPIN page is a worksheet that covers...



### The SPIN page helps

Teachers, Employers, Family, Case Managers, and others

know more about you!

Name: Date:	
-------------	--



### **One-Pager**

Answer each of the four parts in this One-Pager. Your answers will help you create your **SPIN**, or your **S**trengths, **P**references, **I**nterests, and **N**eeds. Give it to your teachers and employers so you can help them understand you and your needs and you can be successful!

My Strengths	My Preferences	My Interests	My Needs





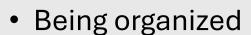
A strength is something you are good at or a positive feature you have.

Everyone is good at something!



### Some of Dar's Strengths

 Being on-time for work and life events (punctual)



 Being friendly and kind to others





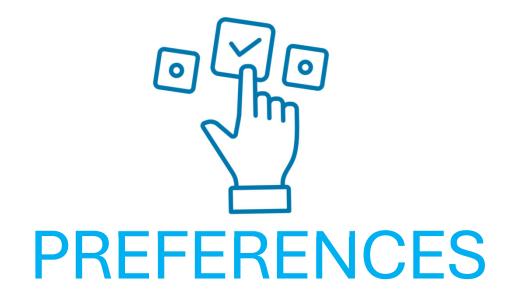


My Strengths

# Other examples of strengths include:

- Honesty
- Flexibility
- Teamwork Skills
- Patience
- Creativity





A preference is something you prefer. It's something you want, not something you need.





### Some of Dar's Preferences

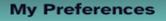
 Would want a quiet area to complete work...but Dar doesn't need a quiet area to complete work.



 Would want the work area to be a colder temperature...but Dar doesn't need a colder room to complete work.









#### My Preferences

# Other examples of preferences include:

 Wanting music playing while you work...but you could work without music.





An interest is something you like to do. You don't have to be good at an interest, but you have fun doing it.



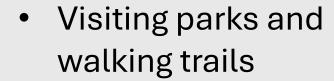


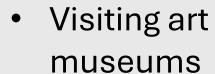
### Some of Dar's Interests

Playing video games



Drawing









My Interests



#### My Interests

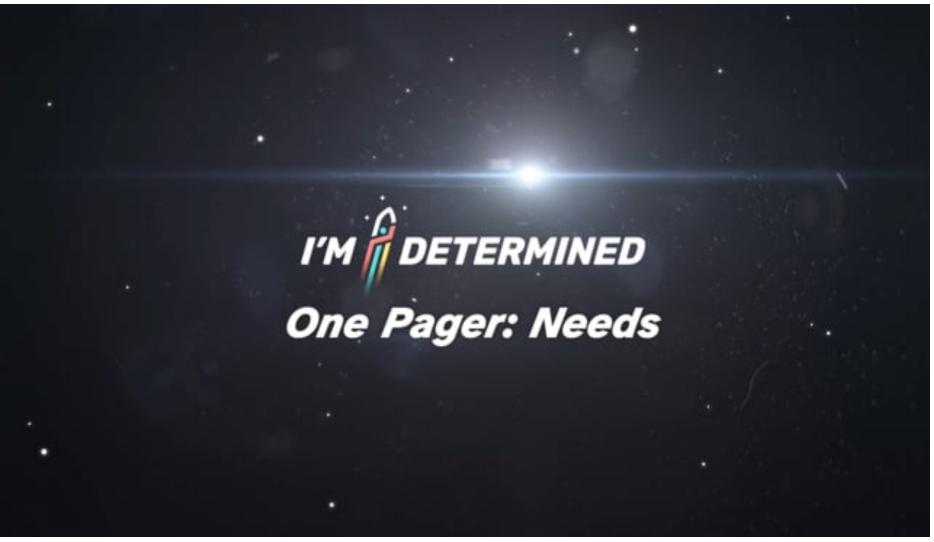
## Other examples of interests include:

- Watching sports
- Playing sports
- Painting
- Cooking
- Singing





A need is something that you need to complete a task, or something you need to succeed at work/school.





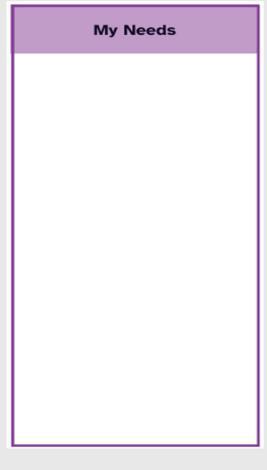
### Some of Dar's Needs

 At work, Dar sometimes needs instructions repeated or written down (so that Dar can understand the instructions)



 When Dar was in school, Dar needed extra time on tests (so that Dar was not as anxious).



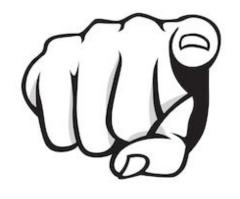




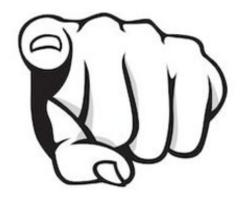
#### My Needs

## Other examples of needs include:

- Receiving a list of tasks before work.
- Having a quiet testing space.
- Having a test read to you.



# Your turn!



Let's take some time to complete your SPIN page.

#### **STRENGTHS**

lam \_\_\_\_\_.

(organized)

I am good at \_\_\_\_\_

(math, working on a team)

### **PREFERENCES**

I prefer \_\_\_\_\_.

(colder work areas, listening to music while I work)





### <u>INTERESTS</u>

(playing video games, watching sports)

Need some help? Ask a staff member!





#### **NEEDS**

I need \_\_\_\_\_ to

succeed at

work/school.

(a list of tasks, a quiet test area)

## PLEASE COMPLETE THE EVALUATION FOR THIS SESSION

www.surveymonkey.com/r/youthsummitYA05032025b

SCAN THE QR CODE TO COMPLETE THE EVALUATION

