



## Michigan Alliance for Families

### Youth Self-Determination Series-Home Activities Checklist

#### Session 3: Decision-Making and Problem-Solving Components of Self-Determination

Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### Home Activities Checklist

Use the checklist below to work through the assigned home activities for Session 3.

Done	Activity
	1. Complete the Big-Deal Little Deal Home Activity
	2. Complete the Decision-Making and Problem-Solving Home Activity on Decision Making and Problem Solving <ul style="list-style-type: none"><li>You can complete the longer form (and use words or pictures)</li><li>Or</li><li>You can complete the 1-page shortened form</li></ul>
	3. Review the provided Resources document for additional information on decision- making and problem solving