

# My Transition Plan

Karen Wang, Transition Specialist



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## What Is Transition?

- Changing to something new
- Your future
- After high school
- What to expect

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## What Is Transition Planning?



- Get ready for what comes after high school
- Adulting
- Decide on goals
- Where do you want to go?
- What do you want to do?



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## IEP Transition Planning

- All about you!
- Goals and supports
- Instruction and community participation
- Student-led IEP




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## Speak Up!



- Transition happens over many years
- Communication with different people
- Learn new skills along the way
- Make a plan



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## What are Transition Services?



- Try something new
- Ask for help
- Support team
- Prepare for college or trade school
- Prepare for employment
- Connect with adult services
- Independent living skills
- Community participation
- "Things" and services
- Unique needs



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### Advice From Other Students

- Start early
- Write down goal and plans
- Write down strengths and challenges
- Communicate
- Learn about resources
- Active role
- Ask questions
- Transportation and independent living



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7

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### My Strengths

- What are you really good at?
- What do you like to do?
- What are you interested in, or what do you get excited about?
- What type of skill do you want to learn?



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8

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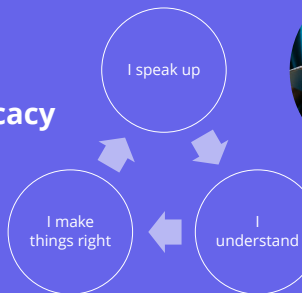
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### Self-Advocacy



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**After School, the <sup>SND</sup> Rules Change!**

- Services based on eligibility
- Proof that accommodations are necessary
- At work
- At college or trade school





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**Housing**

- On your own
- With friends or roommates
- With family
- In town, suburbs, or countryside?
- Buying or renting?




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**Transportation**

- Driver's license
- Driving schedule with family
- Bike or motorcycle
- Bus route or transit service
- Walking safely
- Taxi or Uber

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### Transition Resources

- Michigan Alliance For Families - transition page: <https://www.michiganallianceforfamilies.org/transition/>
- Michigan Rehabilitation Services: [www.michigan.gov/mrs](http://www.michigan.gov/mrs)
- Bureau of Services for Blind Persons: [www.michigan.gov/bsbp](http://www.michigan.gov/bsbp)
- National Parent Center on Transition: <http://www.pacer.org/tatra/>
- Think College: [ThinkCollege.net](http://ThinkCollege.net)
- Got Transition: [www.gottransition.org/](http://www.gottransition.org/)



13

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**Michigan Alliance for Families**  
information, support, and education

800-552-4821 [www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)

14

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### We are here to support you!

-  @MichiganAllianceForFamilies
-  @michiganallianceforfamilies
-  /MichiganAlliance

**For more information visit**  
[www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)

Call 800-552-4821  
En Español 313-217-1060  
للغة العربية 248-963-0607  
[info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org)

15

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**Michigan Alliance for Families**

Michigan Alliance for Families is an IDEA Grant Funded Initiative of the Michigan Department of Education, Office of Special Education, and Michigan's federal Parent-Training and Information Center (PTIC) funded by U.S. Department of Education, Office of Special Education Programs (OSEP).

[www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)  
1-800-552-4821  
[info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org)



The image contains four logos: Michigan Education (with a graduation cap icon), early on (with a sun icon), The Arc Michigan (with a stylized arc icon), and Michigan Alliance for Families (with a globe icon).

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