

My Transition Plan

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What Is Transition?

- Changing to something new
- Your future
- After high school
- What to expect



What Is Transition Planning?



- Get ready for what comes after high school
- Adulting
- Decide on goals
- Where do you want to go?
- What do you want to do?

IEP Transition Planning

- All about you!
- Goals and supports
- Instruction and community participation
- Student-led IEP



Speak Up!

- Transition happens over many years
- Communication with different people
- Learn new skills along the way
- Make a plan



What are Transition Services?



- Try something new
- Ask for help
- Support team
- Prepare for college or trade school
- Prepare for employment
- Connect with adult services
- Independent living skills
- Community participation
- “Things” and services
- Unique needs

Advice From Other Students

- Start early
- Write down goal and plans
- Write down strengths and challenges
- Communicate
- Learn about resources
- Active role
- Ask questions
- Transportation and independent living

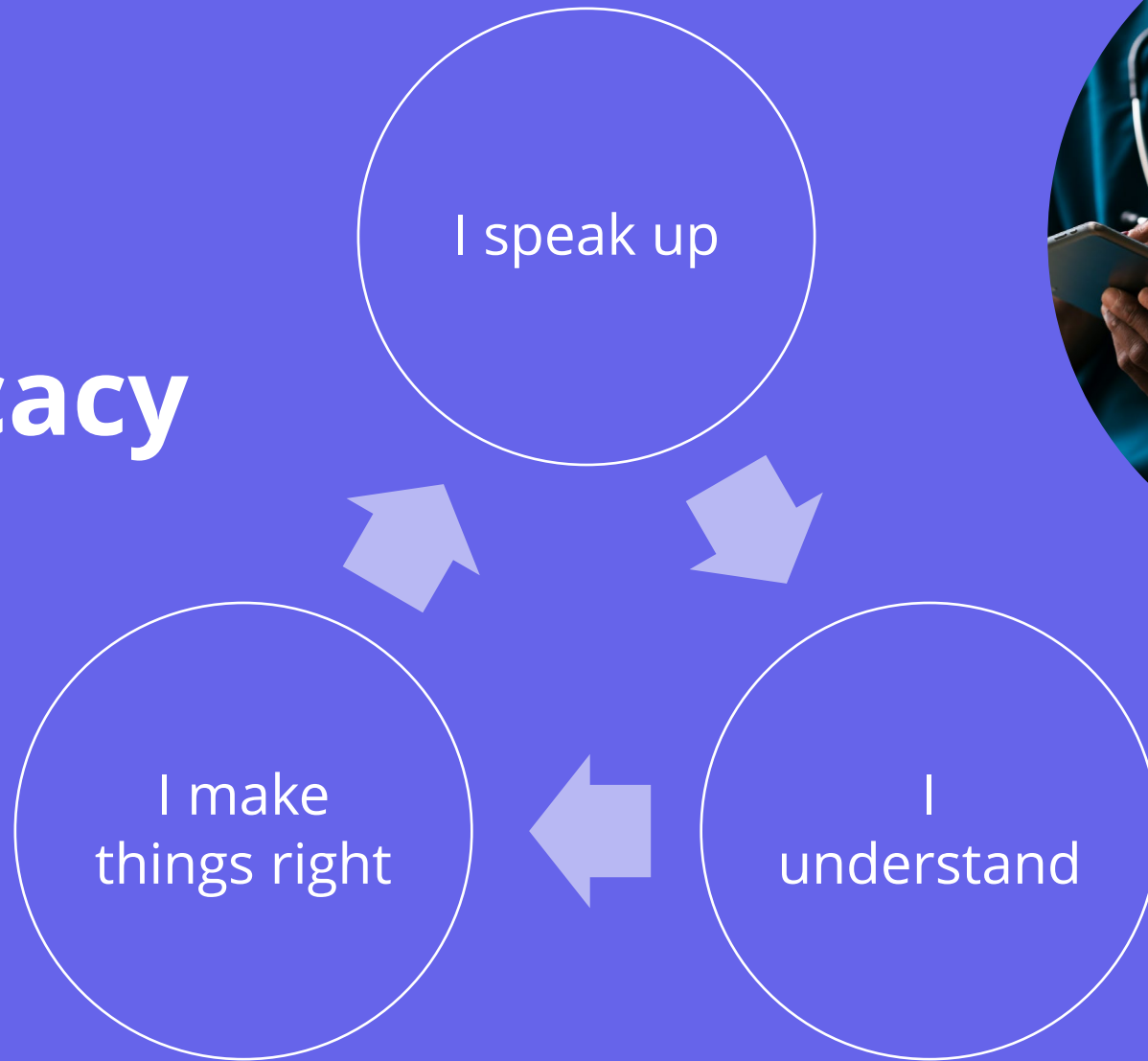


My Strengths

- What are you really good at?
- What do you like to do?
- What are you interested in, or what do you get excited about?
- What type of skill do you want to learn?



Self-Advocacy



After School, the Rules Change!

- Services based on eligibility
- Proof that accommodations are necessary
- At work
- At college or trade school



Housing



- On your own
- With friends or roommates
- With family
- In town, suburbs, or countryside?
- Buying or renting?

Transportation

- Driver's license
- Driving schedule with family
- Bike or motorcycle
- Bus route or transit service
- Walking safely
- Taxi or Uber



Transition Resources

- Michigan Alliance For Families - transition page: <https://www.michiganallianceforfamilies.org/transition/>
- Michigan Rehabilitation Services: www.michigan.gov/mrs
- Bureau of Services for Blind Persons: www.michigan.gov/bsbp
- National Parent Center on Transition: <http://www.pacer.org/tatra/>
- Think College: ThinkCollege.net
- Got Transition: www.gottransition.org/



800-552-4821 www.michiganallianceforfamilies.org

We are here to support you!



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For more information visit

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Michigan Alliance for Families

Michigan Alliance for Families is an IDEA Grant Funded Initiative of the Michigan Department of Education, Office of Special Education, and Michigan's federal Parent-Training and Information Center (PTIC) funded by U.S. Department of Education, Office of Special Education Programs (OSEP).

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