

# Self-Determination in the IEP

with Karen Wang & Stephanie Nicholls

Thursday, April 25, 2024  
12:00pm-1:30pm

[Register at tinyurl.com/yeyuc7zh](https://tinyurl.com/yeyuc7zh)



Self-determination skills start growing in childhood and continue throughout one's life. Self-determination means making your own choices, learning to solve problems, and taking control and responsibility for your own life. Self-determination is important for all people, but it is especially important, and often more difficult to learn, for young people with disabilities who have had limited power in shaping their lives.

In this workshop we will:

- Explore what self-determination means and why it is important
- Identify ways to teach self-determination skills
  - as IEP goals
  - at home and in the community
- Introduce tools to build self-determination skills

**Who should attend?** Families with a child or young adult with a disability, school staff, other community members.

Questions? [info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org)

