

Transition to Adulthood: Your Rights

Due process resources for self-advocates and families of youth with disabilities

What to do when problems arise

As youth with disabilities transition toward adult services, there may be bumps along the way. It's important to understand that support is available to you, and that each public agency has a process to make things right.

Special Education

- Michigan Department of Education – [Office of Special Education](#), 1-888-320-8384
- [Special Education Mediation Services](#), 1-833-543-7178
- [Disability Rights Michigan](#) – Special Education Advocacy, 1-800-288-5923

Vocational Rehabilitation

- [Michigan Rehabilitation Services](#) (MRS), 1-800-605-6722
 - [MRS Customer Handbook](#)
 - [Your Rights and Responsibilities at MRS](#)
- [Bureau of Services for Blind Persons](#) (BSBP), 1-800-292-4200
- The [Client Assistance Program](#) (CAP) at Disability Rights Michigan identifies problems and solutions between clients and vocational rehabilitation staff. Call [Disability Rights Michigan](#) at 1-800-288-5923 to speak with an advocate.



Medicaid

- Apply for benefits online at newmibridges.michigan.gov
- Michigan Enrolls helpline, 1-800-975-7630
- Beneficiary helpline, 1-800-642-3195
- [Michigan Office of Administrative Hearings and Rules](#) (MOAHR), 1-800-648-3397

Community Mental Health

- Michigan Department of Health and Human Services (MDHHS), [Office of Recipient Rights](#) hotline, 1-800-854-9090
 - [Recipient Rights handbooks in English, Spanish and Arabic](#)

Social Security

- Apply for benefits, 1-800-772-1213
 - [Social Security Red Book](#) explains work incentive programs.
 - [Work Incentives Planning and Assistance \(WIPA\)](#) information, 1-866-968-7842
- [Protection and Advocacy for Beneficiaries of Social Security](#) (PABSS) and [Protection and Advocacy for Beneficiaries with Representative Payees](#) (PABRP) at [Disability Rights Michigan](#) help people with disabilities regarding information and advice about their Social Security benefits. Call 1-800-288-5923 to speak with an advocate.



Find Your State Representative

- Your local representative in the state legislature can help guide you to the support you need. Find your representative online at house.mi.gov and request “constituent services” from the representative’s office.