

# **Michigan Alliance for Families**

## Series 2-Session 4: Person-Centered Planning and Supported Decision Making

# Resources

### **Person-Centered Planning**

- Michigan Alliance for Families, <u>Self-Determination and Person-Centered Planning</u>
- Michigan Department of Health and Human Services (MDHHS), Michigan Developmental Disabilities Council (DDC)
  - Person Centered Planning: <u>What's it All About?</u> Explains in basic terms and process for PCP.
  - <u>Person Centered Planning Home and Community Based Services Rules-</u> <u>Guide for Individuals and Family Members</u>
- PACER's National Parent Center on Transition and Employment-<u>Person-Centered</u> <u>Planning</u>
- Wayne State University, Developmental Disabilities Institute (DDI)
  - Family and Individual Training topics:
    - Self-Determination & Person-Centered Planning Training
    - Independent Facilitation for the Person-Centered Planning Process: <u>Independent Facilitation</u>, <u>Independent Facilitation Infographic</u>, <u>Independent Facilitation FAQs</u>

#### Supported Decision Making (SDM)

- Autistic Self-Advocacy Network (ASAN):
  - Part 2-<u>Supported Decision Making</u> (easier to understand version for families and self-advocates)-can be used by anyone looking for an easier version to understand)
  - o The Right to Make Choices: New Resource on Supported Decision Making
- Charting the Life Course, Interactive tools/samples for Supported Decision Making:
  - <u>LifeCourse Integrated Starter STAR</u>-helps the individual look at strengths, relationships, community, and other areas where people can be supported while living an inclusive life.
  - <u>LifeCourse Blank STAR Form</u>-personalize the form (use above for example)
  - <u>Tool for Exploring Decision Making Supports</u>: easy to follow tool guides families and users through different areas of life such as safety, community living, and advocacy to help define supports the individual needs
- Michigan Alliance for Families, Guardianship and Supported Decision Making
- Michigan Department of Health and Human Services (MDHHS), Michigan Developmental Disabilities Council (DDC), <u>Supported Decision Making</u>
  - Supported Decision Making Toolkit

- National Resource Center for Supported Decision Making
  - Resources and tools for Supported Decision Making
- The ARC Michigan:
  - <u>After I'm Gone</u>: helps families who have a child or adult with a disability in planning for the future
  - o Rethinking Guardianship-Supported Decision Making

#### **Types of Decisions and Tools**

