

Michigan Alliance for Families

Youth Self-Determination Series-Home Activities Checklist

Series 2-Session 4: Attitude, Person-Centered Planning, Supported Decision Making

Name: _____

Date: _____

Home Activities Checklist

Use the checklist below to work through the assigned home activities. You can work through these activities with your parents, siblings, peers, or other support person.

Done	Activity
	Review the Class 4 Handout on Attitude, Person-Centered Planning, and Supported Decision Making
	Complete the Turning Negatives to Positives worksheet
	Complete the Charting the LifeCourse: Exploring Decision Making Supports work sheet
	Complete the Charting the LifeCourse: Starter Star
	Review the resources on the Person-Centered Planning and Supported Decision-Making handout