



Michigan Alliance for Families

Youth Self-Determination Series-Home Activities Checklist

Series 2-Session 2: Communication Busters and Non-Verbal Communication

Name: _____

Date: _____

Home Activities Checklist

Use the checklist below to work through the assigned home activities. You can work through these activities with your parents, siblings, peers, or other support person.

Done	Activity
	Review the Class 2 Handout on Communication Busters, Think It or Say It, Non-Verbal Communication
	Review the Communication Builders and Busters Handout
	Complete the Communication Builders and Busters Worksheet
	Review the resources provided on Social Communications