



Michigan Alliance for Families

Youth Self-Determination Series-Home Activities Checklist

Series 2-Session 1: Self-Determination, Self-Advocacy, Communication

Name: _____

Date: _____

Home Activities Checklist

Use the checklist below to work through the home activities. You can work through these activities with your parents, siblings, peers, or other support person. This may help you understand the material better too!

Done	Activity
	Review the Session 1 Handout on Self-Determination, Self-Advocacy, and Communication (covers information from the online session)
	Look at and print the Home Activity Packet: <ul style="list-style-type: none">• Complete the Making Comments Home Activity• Complete the Asking Questions Home Activity• Complete the 2-Way Communication Home Activity
	Review the resources provided on Self-Determination, Self-Advocacy, and Communication