

Youth Self-Determination Series 2

with Stacie Rulison

Four Tuesdays

From 5pm-6pm

November 14, 2023

November 21, 2023

November 28, 2023

December 5, 2023

Participants are asked to commit to attending all 4 sessions.



Teens: Learn to take action in your life to get the things you want and need.

This four-week interactive online course offers content to help youth continue increasing their self-determination and independence through more effective communication, using flexible thinking, maintaining a positive attitude, engaging trusted supports for decision making, and taking part in person-centered planning to develop greater self-advocacy. This course includes assignments and discussions to learn about and practice self-determination.

Areas to be covered include:

- Effective communication
- Flexible thinking
- Positive attitude
- Supported decision making
- Person-centered planning

Who should attend? Students and young adults ages 14 and up who have an active Individualized Education Program (IEP) and attended the Youth Self-Determination Series 1 series. This course is intended for student interaction. Please come ready to share. Parents are encouraged to support as needed.

[Register at tinyurl.com/2ye4wve2](https://tinyurl.com/2ye4wve2)

Space is limited. Registration closes November 7, 2023 or when the course is full. After registration closes, Michigan Alliance for Families will contact you to confirm your participation.

Questions? info@michiganallianceforfamilies.org

