

## **Michigan Alliance for Families**

## Youth Self-Determination Series-Home Activities Checklist

## Session 3: Decision-Making and Problem-Solving Components of Self-Determination

Name:\_\_\_\_\_ Date:\_\_\_\_\_

## **Home Activities Checklist**

Use the checklist below to work through the assigned home activities for Session 3.

Done	Activity
	1. Complete the Big-Deal Little Deal Home Activity-1 (handout in your folder)
	2. Complete the Decision-Making and Problem-Solving Home Activity (handout in your folder)
	3. Review the provided Resources document for additional information on decision- making and problem solving