Student: _____

Date: _____

ME! Scale-Self-Advocacy in School

- 1. I know I am in special education.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 2. I have a disability.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 3. I have an IEP.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 4. I have IEP goals.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 5. I know my IEP goals.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 6. I (or my parents) have a copy of my IEP.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 7. I know what accommodations are.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No

- 8. I can tell my teachers about
 - accommodations I need in class.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 9. I feel good about my future.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 10. People with disabilities go to college.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 11. I can talk about my postschool goals and dreams.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 12. I can explain to others how my disability impacts my school work.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- 13. I am comfortable telling others about my disability.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
- ME! Lessons for Teaching Self-Awareness and Self-Advocacy Updated 9/14 © 2015 Board of Regents of The University of Oklahoma

14. People with disabilities get good jobs after high school.

- a. Yes
- b. I think
- c. Not sure
- d. No

15. List 3 things you are good at when you are at school.

 1.

 2.

3._____

16. List 3 things you need help with when you are at school.

1.	 	
2.		
3.		

17. List 3 things you are good at when you are somewhere other than school.

 1.

 2.

 3.

18. List 3 things you need help with when you are somewhere other than school.



