![Michigan Alliance for Families - information, support, and education](logo)

Session 1: Self Awareness and Self-Efficacy Components of Self-Determination

Resources

- I'm Determined Website

- I'm Determined: Toolbox for Self-Determination
  - I'm Determined: Good Day Plan
  - I'm Determined: One Pager Template, One Pager Implementation Guide (with examples)
  - I'm Determined: One Pager Web App – create one pager on interactive application; choose from lists to add information to your strengths, preferences, interests, and needs

- Kansas Technical Assistance System Network (TASN): Agents of Their Own Success: Self-Advocacy Skills and Self-Determination for Students with Disabilities in the Era of Personalized Learning

- Kansas Technical Assistance System Network (TASN): Self-Efficacy

- Michigan Alliance for Families-Self-Determination

- National Technical Assistance Center on Transition-The Collaboration (NTACT-C): Self-Determination

- National Technical Assistance Center on Transition-The Collaboration (NTACT-C) Student-Directed Transition Planning (topics including self-efficacy)

- Pacer's National Parent Center on Transition and Employment: Self-Determination

- The Center for Self-Determination