

# Building Blocks of Self-Advocacy

with Stephanie Nicholls

**Tuesday, May 2, 2023**  
**12:00pm-1:30pm**

Register at <https://tinyurl.com/4h8p2txm>

**Families have a unique opportunity to support self-advocacy. Supporting youth and young adults with disabilities to develop and use self-advocacy skills can have a positive impact throughout their life.**

This workshop will provide participants a framework for encouraging self-advocacy.

- The importance of knowing their disability
- Expressing their thoughts
- Knowing their rights

**Who should attend?** Families with a teen or young adult with disabilities or learning challenges, school staff, other community members.

**Questions?** [info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org)

