



# MY Home and School Independence Goals

## Youth Self-Determination Series Self-Advocacy Activity

### Session 2-MY Home and School Goal Ideas

Follow the directions below. Please keep this document and information as we will use it in the training session on Goals to name steps toward your home and school goals.

1. Review the [Me! Scale for Self-Advocacy in School](#) document (view, print, or download this document). For additional goal ideas, you can reference the [START School Independence Goal Ideas](#) document.

Name 2 activities you are doing pretty well right now at school (you scored **Yes** or **I think** on the assessment):

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_

Name 2 activities you think you need to work on at school (you scored **Not Sure** or **No** on the assessment):

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_

2. [START Home Independence Goal Ideas](#) document (you can view, print, or download this document)

Name 2 activities you are doing pretty well right now at home:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_

Name 2 activities you think you need to work on at school:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_