



# Michigan Alliance for Families

## Youth Self-Determination Series-Home Activities Checklist

### Session 3: Decision-Making and Problem-Solving Components of Self-Determination

Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### Home Activities Checklist

Use the checklist below to work through the assigned home activities for Session 3. We will plan to discuss the home activities from Session 3 at Session 4.

Done	Activity
<input type="checkbox"/>	1. Complete the Big-Deal Little Deal Home Activity-1 (in your folder)
<input type="checkbox"/>	2. Complete the Decision-Making and Problem-Solving Home Activity-2 (in your folder)
<input type="checkbox"/>	3. Review the provided Resources document for additional information on decision-making and problem solving