



Problem-Solving and Decision-Making Youth Self-Determination Series

Session 3-Big Deal Little Deal Home Activity-1

*Circle the response you think is correct (remember a big deal means you might need to get someone else's help— and be careful about getting **STUCK**—be open to looking at options!)*

Your friend falls off the swing and is bleeding

☐ Big Deal

☐ Little Deal

What could you do? _____

You got the wrong answer on a test

☐ Big Deal

☐ Little Deal

What could you do? _____

The substitute teacher changes the schedule

☐ Big Deal

☐ Little Deal

What could you do? _____

You feel like you are going to get sick

☐ Big Deal

☐ Little Deal

What could you do? _____

You miss the bus for school

☐ Big Deal

☐ Little Deal

What could you do? _____

You left your phone in your locker

☐ Big Deal

☐ Little Deal

What could you do? _____

There is no pizza on the lunch menu today

☐ Big Deal

☐ Little Deal

What could you do? _____