

Supporting Your Child's Mental Health Needs

Webinar Resources



Back to School Resource Links

From Trusted Partners/Sources

Child Mind Institute

[Child Mind Institute Back to School Resources for Families](#)

[Preparing for Back-to-School Success – How to Help Kids Thrive, Despite the Uncertainties](#)

[Back to School Anxiety During Covid-19 How To Help Kids Handle Fears & Gain Independence](#)

[K-2: Tips for Supporting Young Children's Learning at Home](#)

[Tips for Partnering With Teachers in the New School Year](#)

Children's Mental Health Ontario

[Back to School Mental Health Kit](#)

[Six Tips to Support Your Child's Mental Wellness and Prepare for the Start of the School Year](#)

[Back-to-School Tips for Parents](#)

[Tips for Encouraging and Supporting Friendships During the School Year](#)

On Our Sleeves

[On Our Sleeves Back to School Guide](#)

[Preparing Kids for a Return to the Classroom In Another Unconventional School Year](#)

[On Our Sleeves Coronavirus Behavioral Health Resource Page](#)

Understood.Org

[Back-to-School Anxiety in Kids: What to Watch Out For This Year](#)

[Back to School Concerns About Your Child – How to Act On Them](#)

[Social Anxiety During Social Distancing: How to Help Your Child Cope](#)

Additional Resources to Support You and Your Kids As They Return to School

[Back to School Anxiety During Covid-19](#)

[Mental Health America Back to School Toolkit](#)

[Supporting Families With Positive Behavioral Interventions & Supports \(PBIS\) At Home](#)

[Distance Learning Meet ADHD Again: How to Learn Remotely With ADD](#)

[Institute Zoom Tutorial Video For Computers](#)

[Institute Zoom Tutorial Video For Tablets](#)

[Masks and New Routines: Helping Children with Special Needs During COVID-19](#)

[7 Tips to Help Your Child Wear a Face Mask](#)

All of the above resources are also shared on the [ACMH Back to School Resource Page](#) along with an assortment of other helpful tools and tip-sheets. **Questions:** Contact Terri at thenrizi@acmh-mi.org.