

This List Of Parents' "Rights" Was Created By A Group Of Parents Of Children With Special Needs. What Would Your List Look Like?

- ♥ The right to be a parent
- ♥ The right to dignity and respect
- ♥ The right to feel angry
- ♥ The right to privacy
- ♥ The right to be unenthusiastic
- ♥ The right to seek another opinion
- ♥ The right to keep trying
- ♥ The right to stop trying
- ♥ The right to set limits
- ♥ The right to be annoyed with your child
- ♥ The right to time off
- ♥ The right to be the expert in charge

"Preventing Parent Burn-Out" Workshop Session presented by Sharon Dietrich, P.V. Roby, and Deb Russell at the March 1993 Michigan Part H Technical Assistance Conference, Ann Arbor, MI.