



Michigan Resources That Will Help You Reach Your Goals in Your Community

Community Education Programs may offer life long learning classes. These may be provided by local school districts, intermediate school districts, city or county parks and recreation departments, Michigan State University County Extension Offices, Centers for Independent Living, community colleges, local colleges and universities. These programs can provide a wide variety of classes on many areas of interest such as cooking, sports, finances, art, music, computers and many others.

The Arc Michigan exists to empower local chapters of The Arc to assure that citizens with developmental disabilities are valued and that they and their families can participate fully in and contribute to the life of their community. (800) 292-7851 or (517) 487-5426
www.arcmi.org to find your local chapter.

Michigan Protection & Advocacy Services, Inc. works to advance the dignity, equality, self-determination, and expressed choices of individuals. Michigan Protection and Advocacy Service, Inc. (MPAS) promotes, expands and protects the human and legal rights of people by providing them with information and advocacy. (800) 288-5923 or (517) 487-1755
www.mpas.org

Michigan Centers for Independent Living are non-profit organizations whose purpose is to advocate for the independent needs of people with disabilities throughout the state, provide access to resources, offer opportunities to become more independent, and provide peer support. For information on the closest one to you call (517) 339-0539 or go to Disability Network/Michigan, a collaborative organization representing the 15 Centers for Independent Living (CILs), <http://www.dnmichigan.org/>, to find a center in your area.

Community Mental Health Services Programs provides mental health and developmental disability services in Michigan which are delivered through a county-based community mental health services programs (CMHSPs). MDCH, along with 46 regional Community Mental Health Services Programs (CMHSPs), contracts public funds for mental health and developmental disability services. General Information (517) 373-3740
To find your local CMHSP:
http://www.michigan.gov/mdch/0,1607,7-132-2941_4868_4899---,00.html

Department of Human Services (DHS) is Michigan's public assistance, child and family welfare agency. DHS directs the operations of public assistance and service programs through a network of over 100 county department of human service offices around the state. (517) 373-2035
To find your local DHS office:
<http://www.michigan.gov/dhs/0,1607,7-124-5461---,00.html>

Michigan Developmental Disabilities (DD) Council vision is that all citizens of Michigan have the opportunities and supports to achieve their full potential. The Council works to support people with developmental disabilities to achieve life dreams. Call (517) 334-6123 or visit http://www.michigan.gov/mdch/0,1607,7-132-2941_4868_4897-14614--,00.html

Michigan Rehabilitation Services partners with individuals and employers to achieve quality employment outcomes and independence for persons with disabilities. To find a local office call (800) 605-6722 or go to <http://www.michigan.gov/mdcd/0,1607,7-122-25392---,00.html>

