

**CHILDHOOD BEHAVIORS
Associated with
PRENATAL ALCOHOL EXPOSURE**

Feeding Problems

- Decreased ability to feel hunger or have an obsession with food
- Uncoordinated chewing and swallowing movements
- Super sensitive to textures, smells, tastes (spices)
- Stimulus overload with several types of food on plate
- Hyperactivity, distractibility, unable to sit through a meal

Poor Habituation

- Becomes over stimulated in large groups, crowded rooms, or with strangers
- Looses or misplaces things
- Short attention span
- Overreacts to situations with extreme emotion

Sleep Disorders

- Difficulty with bed time, unable to fall asleep
- Not able to sleep through the night
- Tries to go outside to play at night

Hyperactivity

- Perpetual motion, perpetual talking

Memory Problems

- Forgets things learned two days ago
- Forgets what he is supposed to do in the middle of doing the task
- Requires constant reteaching
- Long term is better than short term
- Visual is better than auditory

Impulsivity, Lack of Caution

- No stranger anxiety – will go with anyone
- No fears, no sense of danger
- No common sense
- Easily victimized

Attention Problems

- Unable to focus
- Unable to stay on task
- Difficulty completing a series of steps

Communication Problems

- May or may not be speech delayed
- May talk non-stop, (whatever comes in their head comes out their mouth)
- May "talk better than they thing"
- May be unable to put words into actions
- Can "talk the talk but not walk the walk"

Sensory Integration Problems

Tactile defensiveness to:

Toothbrush, toothpaste

Seams or tags in clothing

Pils on socks

Overreacts to being touched or bumped

Praxis

Social Problems

Unable to read social cues

Social skills below chronological age

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